

Wind:

Scripture says, When the day of Pentecost arrived, they were all together in one place. And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting (Acts 2:1)

While this is a mighty rushing wind description, it does not say “The holy spirit is a mighty rushing wind”, because that would limit the Spirit to our own understanding.

Yet, this text brings us to the very root meaning of the word “Spirit.” For “**spirit**” refers to “**breath**,” and we have this preserved in our word “**respiration**,” which means breathing. So, the Spirit of God is the breath of God, the Ruah Adonai (the Spirit, the breath of God).

## Prayer Station Directions:

Feel the effects of the wind, and concentrate for this time on your own breathing. The spiritual practice of Breath Prayer is to repeat the same few words every time you inhale and exhale. For Example:

breathe in and say: Holy Spirit

Breathe out and say : you are welcome here

or:

inhale and say: Holy Spirit

exhale and say: fill my soul

Or come up with your own, and sit and repeat this as you inhale, exhale and focus on the spirit that moves through breath and wind.

## Fire

Scripture says:

Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Acts 2:3-4

Fire changes everything it encounters. Nothing goes away from fire unchanged. Either is it consumed, converted or purified, warmed or mollified or steeled. But nothing goes way from fire unchanged.

And thus the Holy Spirit, like a Holy Fire, is within, changing and transforming us. Burning away sin, refining us, enlightening us, stirring the flame of God's love and bringing us up to the temperature of God's glory. He is kindling a fire that gives light and warmth in our darkest and coldest moments. Little by little we become a burning furnace of God's love and we give warmth to others around us.

## Prayer Station Directions

Light a candle on the altar rail and take a while to just sit and watch the flame dance. How does this remind you of the Holy Spirit? What might it have been like to see tongues of fire dance above people's heads, all while listening to other languages.

If you'd like you can take the sheet provided and crayons to color words for fire in different languages. Or just sit and watch the flames, and let the Spirit speak to you, in whatever way you are able to hear.



## Water:

37 On the last day of the festival, the great day, while Jesus was standing there, he cried out, “Let anyone who is thirsty come to me, 38 and let the one who believes in me drink. As the scripture has said, ‘Out of the believer’s heart shall flow rivers of living water.’” 39 Now he said this about the Spirit, which believers in him were to receive; for as yet there was no Spirit, because Jesus was not yet glorified. John 7:37-39

Nicodemus said to him, “How can a person once grown old be born again? Surely he cannot reenter his mother’s womb and be born again, can he?” Jesus answered, “Amen, amen, I say to you, no one can enter the kingdom of God without being born of water and Spirit. John 3:4-5

Here is another fundamental image of the Holy Spirit. For all things are dependent on water to both sustain their existence and also to activate and empower their gifts. Through water in baptism we remember the new life we find in Jesus Christ and how we are born again through water and the Spirit.

## Prayer Station Directions

You have two choices.

Watch the fountain

or feel the water in the bowl, watch it move scoop some out pour it back in etc.

When it its time to switch stations dip your hand in the water, touch it to your forehead and remember your baptism. Or, if you haven't been baptized, simply touch the water before you leave.

**CREATION:**

**GENESIS 1:2**

**THE EARTH WAS FORMLESS AND VOID,  
AND DARKNESS WAS OVER THE  
SURFACE OF THE DEEP, AND THE SPIRIT  
OF GOD WAS MOVING OVER THE  
SURFACE OF THE WATERS**

**PSALM 33:6**

**BY THE WORD OF THE LORD THE  
HEAVENS WERE MADE, AND BY THE  
BREATH OF HIS MOUTH ALL THEIR  
HOST.**

**THE SPIRIT HAS BEEN PRESENT SINCE  
THE BEGINNING OF CREATION.**

## **PRAYER STATION DIRECTIONS:**

**CREATE SOMETHING! USE KINETIC SAND, PLAY DOUGH, PAPER AND COLORING STUFF WHATEVER YOU WANT, JUST PARTICIPATE IN THE ART OF CREATION, AS WE ARE MADE IN THE IMAGE OF THE CREATOR.**

**AS YOU CREATE THINK ABOUT HOW THE HOLY SPIRIT IS STILL ACTIVE IN THE ART OF CREATION TODAY.**

Comforter:

Scripture Says:

"But the Comforter, which is the Holy Spirit, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you."

John 14:26

Sometimes we actually feel the comfort or presence of God in our lives, that is the Holy Spirit! Awesome huh?

## Prayer Station Instructions:

Wrap yourself up in one of the blankets and take some time to talk with God and offer thanks for the comfort you've received in your life